## **OCEAN DRIVE**

## 5 UNIQUE SPA TREATMENTS ON THE BEACH

Fall calls for rest and relaxation. And with these five new, state-of-the-art spa treatments, you can be assured that your journey to serenity will be nurturing and revitalizing. Between a Salt Float Bath Therapy, Cryo-therapy, and Herbalistic Ritual Massage therapy, these five hideaway sanctuaries are elevating the traditional spa experience to new levels-combining innovation and creativity with ancient healing traditions and precious minerals. So we scoured the beaches to hear more about these unique practices and the holistic voyage locals can expect to embark on.

## Hammam Rose Ritual at Tierra Santa Spa at the Faena Hotel



Fall down the rabbit hole at Alan Faena's imaginative wonderland and set foot into the Tierra Santa Healing House donned with one of the largest hammams available on the eastern seaboard. Spanning 22,000 square feet, this utopian destination situated in Miami Beach features shaman-developed body-healing rituals that are just as magical as Faena's madcap world of beloved entertainment and highbrow culture. Special to Tierra Santa Healing House, we suggest pampering yourself with the unique Hammam Rose Ritual that begins on a rose quartz-infused marble slab using lemongrass and mimosa scrub. A personalized cleansing ritual, this aromatic and jasmine scented journey will purify the body and calm the senses with ingredients like volcanic clay, calendula, and precious rose oil. 3201 Collins Ave, 844-798-9716